



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**FREYTAG, Nicklas**

Club: FSV Preußen LSZ  
Number: 1035

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 31:26

Speed: 9.54 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 177 (of 251)

Rank in course/Men: 119 (of 141)

Best time in course: 18:14

Rank in category: 18(of 22)

Best time in the category: 22:14