



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

Sahliwinski, Annemaria

Club: RV Drei Tannen Zimmern

Number: 1255

Course: 5.00 km

5 km - Lauf

Category:

weibliche Jugend U16 (14-15 Jahre)

Total time: 34:11

Speed: 8.78 km/h

Running performance: 6:50 min/km

Rank in course/Total: 215 (of 251)

Rank in course/Women: 86 (of 110)

Best time in course: 22:01

Rank in category: 12(of 15)

Best time in the category: 24:21