



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

Holzappel, Linnea

Club: Salza Gymnasium

Number: 1238

Course: 5.00 km

5 km - Lauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 35:06

Speed: 8.55 km/h

Running performance: 7:01 min/km

Rank in course/Total: 220 (of 251)

Rank in course/Women: 88 (of 110)

Best time in course: 22:01

Rank in category: 12(of 15)

Best time in the category: 22:37