



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

#### PAAK, Letizia Chantale

Club: SV Empor Abtl.Boxen

Number: 1147

Course: 5.00 km

5 km - Lauf

Category:

weibliche Jugend U16 (14-15 Jahre)

Total time: 35:51

Speed: 8.37 km/h

Running performance: 7:10 min/km

Rank in course/Total: 224 (of 251)

Rank in course/Women: 93 (of 110)

Best time in course: 22:01

Rank in category: 14(of 15)

Best time in the category: 24:21