



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**LORENZ, Sabine**

Club: Team Rennschnecke  
Number: 1128

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 35:13

Speed: 8.52 km/h  
Running performance: 7:02 min/km

Rank in course/Total: 222 (of 251)

Rank in course/Women: 91 (of 110)

Best time in course: 22:01

Rank in category: 7(of 9)

Best time in the category: 27:20