



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

**NACHTIGALL, Luisa**

Club: Salza-Gymnasium

Number: 1139

Course: 5.00 km

5 km - Lauf

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 38:23

Speed: 7.82 km/h

Running performance: 7:41 min/km

Rank in course/Total: 237 (of 251)

Rank in course/Women: 102 (of 110)

Best time in course: 22:01

Rank in category: 15(of 15)

Best time in the category: 25:28