



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

**ROCKSTUHL, Isabell**

Club: Salza-Gymnasium

Number: 1160

Course: 5.00 km

5 km - Lauf

Category:

weibliche Jugend U20 (18-19 Jahre)

Total time: 39:34

Speed: 7.58 km/h

Running performance: 7:55 min/km

Rank in course/Total: 238 (of 251)

Rank in course/Women: 103 (of 110)

Best time in course: 22:01

Rank in category: 4(of 4)

Best time in the category: 27:25