



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**Neander, Regine Simone**

Club: Hainrode  
Number: 1262

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 40:01

Speed: 7.50 km/h  
Running performance: 8:00 min/km

Rank in course/Total: 241 (of 251)  
Rank in course/Women: 105 (of 110)  
Best time in course: 22:01

Rank in category: 1(of 1)  
Best time in the category: 40:01