



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

KIRCHNER, Sandy

Club: SPD Bad Langensalza

Number: 1094

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 43:40

Speed: 6.87 km/h

Running performance: 8:44 min/km

Rank in course/Total: 243 (of 251)

Rank in course/Women: 106 (of 110)

Best time in course: 22:01

Rank in category: 5(of 5)

Best time in the category: 24:00