



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**HARTMANN, Heike**

Club: FINGER Laufteam  
Number: 1058

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 44:14

Speed: 6.78 km/h  
Running performance: 8:51 min/km

Rank in course/Total: 246 (of 251)

Rank in course/Women: 108 (of 110)

Best time in course: 22:01

Rank in category: 11(of 11)

Best time in the category: 28:12