



7nutslopet 2017
Gramstad / 09.09.2017

Detailed evaluation

Trine Selvikvåg

Club: Frøyland ski & fritid
Number: 98

Course: 5.00 km
3nutsløpet

Category:
Kvinner

Total time: 43:43

Speed: 6.86 km/h
Running performance: 8:45 min/km

Rank in course/Total: 4 (of 21)

Rank in course/Women: 1 (of 7)

Best time in course: 43:43

Rank in category: 1(of 7)

Best time in the category: 43:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Fodgstadnuten	-	9:52	-	1	-	1	-	-	9:52	-	1	-	1	-	
Dalsnuten	-	15:09	-	1	-	1	-	-	25:01	-	1	-	1	-	
Øvre Eikenuten	-	11:26	-	2	2:09	2	2:09	-	36:27	-	1	-	1	-	
Finish	-	7:16	-	1	-	1	-	5.00	43:43	-	1	-	1	-	