



Detailed evaluation

RIEGENRING, Lena

Club: www.DieTurnmaeuse.de

Number: 1328

Course: 0.95 km

Schüler Swim & Run (10 - 13 Jahre)

Category:

weibliche Schüler B

Total time: 7:37

Speed: 7.48 km/h

Running performance: 8:01 min/km

Rank in course/Total: 7 (of 23)

Rank in course/Women: 1 (of 10)

Best time in course: 7:37

Rank in category: 1(of 7)

Best time in the category: 7:37

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen | 0.15 | 3:58 | 26:26 | 1 | - | 1 | - | 0.15 | 3:58 | 26:26 | 1 | - | 1 | - |
| Laufen | 0.80 | 3:39 | 4:33 | 1 | - | 1 | - | 0.95 | 7:37 | 8:01 | 1 | - | 1 | - |