



Detailed evaluation

KALOW, Nora

Club: Erkner

Number: 1338

Course: 0.95 km

Schüler Swim & Run (10 - 13 Jahre)

Category:

weibliche Schüler B

Total time: 9:33

Speed: 5.97 km/h

Running performance: 10:03 min/km

Rank in course/Total: 20 (of 23)

Rank in course/Women: 8 (of 10)

Best time in course: 7:37

Rank in category: 5(of 7)

Best time in the category: 7:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.15	5:23	35:53	6	1:25	9	1:25	0.15	5:23	35:53	6	1:25	9	1:25
Laufen	0.80	4:10	5:12	3	0:31	4	0:31	0.95	9:33	10:03	5	1:56	8	1:56