



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

**HERRMANN, Maik**

Club: SC Impuls Erfurt  
Number: 323

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 40:49

Speed: 14.70 km/h  
Running performance: 4:05 min/km

Rank in course/Total: 5 (of 106)

Rank in course/Men: 5 (of 82)

Best time in course: 36:38

Rank in category: 1(of 13)

Best time in the category: 40:49