



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

Krüger, Gerd

Club: Ilmenau  
Number: 396

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 46:04

Speed: 13.02 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 23 (of 106)

Rank in course/Men: 22 (of 82)

Best time in course: 36:38

Rank in category: 2(of 7)

Best time in the category: 42:26