



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

**KRÄMER, Sascha**

Club: Ilmenau  
Number: 338

Course: 10.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 47:46

Speed: 12.56 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 30 (of 106)

Rank in course/Men: 28 (of 82)

Best time in course: 36:38

Rank in category: 3(of 5)

Best time in the category: 44:58