



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

Ohm, Michael

Club: Arnstadt  
Number: 382

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 53:42

Speed: 11.17 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 67 (of 106)

Rank in course/Men: 60 (of 82)

Best time in course: 36:38

Rank in category: 10(of 13)

Best time in the category: 40:49