



39. Alteburglauf
Arnstadt / 05.05.2017

Detailed evaluation

Bogen, Norman

Club: Arnstadt
Number: 410

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 54:19

Speed: 11.05 km/h
Running performance: 5:26 min/km

Rank in course/Total: 71 (of 106)

Rank in course/Men: 64 (of 82)

Best time in course: 36:38

Rank in category: 8(of 9)

Best time in the category: 42:19