



# 27. Arnstädter Citylauf

Arnstadt / 29.04.2017

## Detailed evaluation

**RÜBER, Judith**

Club: DIE LINKE. Arnstadt

Number: 116

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 48:10

Speed: 6.23 km/h

Running performance: 9:38 min/km

Rank in course/Total: 40 (of 40)

Rank in course/Women: 14 (of 14)

Best time in course: 22:27

Rank in category: 1(of 1)

Best time in the category: 48:10

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Lap 1	1.38	13:48	10:00	1	-	14	7:57	1.38	13:48	10:00	1	-	14	7:57				
Lap 2	2.34	22:12	9:29	1	-	14	11:22	3.72	36:00	9:40	1	-	14	19:19				
Last lap Finish	1.28	12:10	9:30	1	-	14	6:24	5.00	48:10	9:37	1	-	14	25:43				