



27. Arnstädter Citylauf  
Arnstadt / 29.04.2017

Detailed evaluation

Schreyer, Annett

Club: Gotha  
Number: 35

Course: 3.00 km  
McDonald`s 3-km-Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 15:44

Speed: 11.44 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 20 (of 34)  
Rank in course/Women: 8 (of 16)  
Best time in course: 14:07

Rank in category: 1(of 2)  
Best time in the category: 15:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:42	5:03	1	-	9	0:49	1.72	8:42	5:03	1	-	9	0:49
Last lap Finish	1.28	7:02	5:29	1	-	7	0:48	3.00	15:44	5:14	1	-	8	1:37