



8. Drei-Kirchen-Neujahrslauf
Günthersleben-Sportplatz / 15.01.2017

Detailed evaluation

Köhler, Jan

Club: Haller Fuchs

Number: 1330

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 43:00

Speed: 13.95 km/h

Running performance: 4:18 min/km

Rank in course/Total: 29 (of 132)

Rank in course/Men: 27 (of 98)

Best time in course: 31:50

Rank in category: 4(of 16)

Best time in the category: 38:21