



Detailed evaluation

Die Halben / SSV Hohen Neuendorf Total time: 5:07:37

Club: Die Halben / SSV Hohen Neuendorf
Number: 206

Course: 116.79 km

Mittel Distanz Staffel (1,9/93/21 km)

Category:

Staffel

Rank in course/Total: 4 (of 5)

Rank in course/Total: 4 (of 5)

Best time in course: 4:33:01

Rank in category: 4(of 5)

Best time in the category: 4:33:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	1.90	29:48	15:41	1	-	1	-	1.90	29:48	15:41	1	-	1	-
Wechsel S -> R	0.26	1:12	4:36	1	-	1	-	2.16	31:00	14:21	1	-	1	-
Schwimmen Total	2.16	31:00	14:21	1	-	1	-	2.16	31:00	14:21	1	-	1	-
Rad netto	93.00	2:56:17	1:53	4	29:20	4	29:20	95.16	3:27:17	2:10	4	22:26	4	22:26
Wechsel R -> L	0.13	1:04	8:12	5	0:18	5	0:18	95.29	3:28:21	2:11	4	22:39	4	22:39
Radfahren Total	93.13	2:57:21	1:54	4	29:33	4	29:33	95.29	3:28:21	2:11	4	22:39	4	22:39
Lauf	21.50	1:39:16	4:37	3	11:57	3	11:57	116.79	5:07:37	2:38	4	34:36	4	34:36