



10. ITH-Hennesee-Triathlon Staffel

Meschede / 24.06.2017

Detailed evaluation

ITH Superbolts 1

Total time: 1:19:24

Number: 43

Speed: 18.89 km/h

Running performance: 3:07 min/km

Course: 25.50 km

Volksdistanz Staffel (0,50-20,00-5,00)

Rank in course: 8 (of 22)

Best time in course: 1:03:44

Category:

Rank in category: 8(of 22)

Staffel

Best time in the category: 1:03:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	10:54	21:48	7	2:24	7	2:24	0.50	10:54	21:48	7	2:24	7	2:24
Rad	20.00	49:18	2:27	16	12:44	16	12:44	20.50	1:00:12	2:56	16	15:08	16	15:08
Lauf	5.00	19:12	3:50	3	0:32	3	0:32	25.50	1:19:24	3:06	8	15:40	8	15:40