



Detailed evaluation

Balode, Ilona

Club: Salacgrīvas Buki

Number: 5151

Course: 25.00 km

Stirnu buks

Category:

SB3

Total time: 3:08:53

Speed: 7.94 km/h

Rank in course/Total: 272 (of 413)

Rank in course/Women: 71 (of 161)

Best time in course: 1:56:26

Rank in category: 22(of 52)

Best time in the category: 2:13:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	-	38:52	-	26	11:04	94	14:41	-	38:52	-	26	11:04	94	14:41
102	-	55:15	-	25	15:12	77	20:05	-	1:34:07	-	25	26:16	82	34:46
103	-	31:23	-	19	9:21	61	12:10	-	2:05:30	-	25	35:37	77	46:56
104	-	28:40	-	22	7:59	65	11:15	-	2:34:10	-	23	43:36	76	58:11
Sprint Start	-	12:17	-	29	4:17	94	5:15	-	2:46:27	-	22	47:53	74	1:03:26
Sprint Finish	-	3:00	-	30	1:27	112	1:41	-	2:49:27	-	23	49:04	75	1:05:07
Finish	-	19:26	-	19	6:15	63	7:20	25.00	3:08:53	-	22	55:19	71	1:12:27