



Detailed evaluation

SCHADOW, Laura

Club: Luckenwalde
Number: 2192

Course: 26.71 km
BERSERKER

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:54:18

Speed: 9.19 km/h
Running performance: 6:32 min/km

Rank in course/Total: 24 (of 205)

Rank in course/Women: 1 (of 16)

Best time in course: 2:54:18

Rank in category: 1(of 3)

Best time in the category: 2:54:18

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Wachsenburg | 7.40 | 45:40 | 6:10 | 1 | - | 1 | - | 7.40 | 45:40 | 6:10 | 1 | - | 1 | - |
| Burg Gleichen | 8.53 | 54:41 | 6:24 | 1 | - | 1 | - | 15.93 | 1:40:21 | 6:17 | 1 | - | 1 | - |
| Mühlberg | 9.97 | 1:02:51 | 6:18 | 1 | - | 3 | 3:33 | 25.90 | 2:43:12 | 6:18 | 1 | - | 2 | 53:12 |
| Sportplatz Mühlb | 0.81 | 11:06 | 13:42 | 1 | - | 1 | - | 26.71 | 2:54:18 | 6:31 | 1 | - | 1 | - |