



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

AMTHOR, Steven

Club: Gera
Number: 1002

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:46:52

Speed: 8.98 km/h
Running performance: 6:22 min/km

Rank in course/Total: 25 (of 416)

Rank in course/Men: 25 (of 341)

Best time in course: 1:17:13

Rank in category: 6(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	47:17	6:23	7	15:00	46	15:00	7.40	47:17	6:23	7	15:00	46	15:00
Mühlburg	8.57	50:45	5:55	2	12:57	15	13:01	15.97	1:38:02	6:08	6	27:57	27	27:59
Sportplatz Mühlb	0.81	8:50	10:54	2	1:37	13	1:40	16.78	1:46:52	6:22	6	29:34	25	29:39