



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

BRAND, Benjamin

Club: Günthersleben

Number: 54

Course: 9.50 km

SPRINT

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:17:02

Speed: 7.01 km/h

Running performance: 8:07 min/km

Rank in course/Total: 190 (of 673)

Rank in course/Men: 155 (of 411)

Best time in course: 43:20

Rank in category: 33(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:05:29	7:32	37	23:44	176	28:20	8.69	1:05:29	7:32	37	23:44	176	28:20
Sportplatz Mühlb	0.81	11:33	14:15	26	3:41	118	5:22	9.50	1:17:02	8:06	33	27:22	155	33:42