



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KNAUER, Katja

Club: Saalfelder Höhe
Number: 321

Course: 9.50 km
SPRINT

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:24:13

Speed: 6.77 km/h
Running performance: 8:52 min/km

Rank in course/Total: 316 (of 673)

Rank in course/Women: 74 (of 262)

Best time in course: 59:03

Rank in category: 9(of 20)

Best time in the category: 1:05:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Mühlburg	8.69	1:10:06	8:04	9	15:09	70	20:33	8.69	1:10:06	8:04	9	15:09	70	20:33
Sportplatz Mühlb	0.81	14:07	17:25	9	4:03	76	4:37	9.50	1:24:13	8:51	9	19:12	74	25:10