



Detailed evaluation

Schrader, Helene

Club: Berlin
Number: 1456

Course: 16.78 km
EXPERT

Category:
Frauen (20-29 Jahre)

Total time: 1:54:12

Speed: 8.41 km/h
Running performance: 6:49 min/km

Rank in course/Total: 64 (of 416)

Rank in course/Women: 5 (of 75)

Best time in course: 1:47:42

Rank in category: 2(of 20)

Best time in the category: 1:47:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	47:44	6:27	2	2:33	5	2:33	7.40	47:44	6:27	2	2:33	5	2:33
Mühlberg	8.57	56:27	6:35	2	3:28	5	3:28	15.97	1:44:11	6:31	2	6:01	5	6:01
Sportplatz Mühlb	0.81	10:01	12:21	2	0:29	4	0:37	16.78	1:54:12	6:48	2	6:30	5	6:30