



Detailed evaluation

GRUHN, Markus

Club: N3 Sportverein e.V.
Number: 191

Course: 9.50 km
SPRINT

Category:
Männer (20-29 Jahre)

Total time: 1:51:58

Speed: 4.82 km/h

Running performance: 11:47 min/km

Rank in course/Total: 630 (of 673)

Rank in course/Men: 395 (of 411)

Best time in course: 43:20

Rank in category: 66(of 71)

Best time in the category: 43:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:32:54	10:41	66	55:45	396	55:45	8.69	1:32:54	10:41	66	55:45	396	55:45
Sportplatz Mühlb	0.81	19:04	23:32	61	12:53	373	12:53	9.50	1:51:58	11:47	66	1:08:38	395	1:08:38