



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HEINZ, Marcus

Club: Erfurt
Number: 1116

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:47:17

Speed: 5.74 km/h
Running performance: 9:58 min/km

Rank in course/Total: 344 (of 416)

Rank in course/Men: 285 (of 341)

Best time in course: 1:17:13

Rank in category: 66(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:02:38	8:27	65	30:21	277	30:21	7.40	1:02:38	8:27	65	30:21	277	30:21
Mühlburg	8.57	1:23:52	9:47	66	46:04	288	46:08	15.97	2:26:30	9:10	66	1:16:25	279	1:16:27
Sportplatz Mühlb	0.81	20:47	25:39	73	13:34	316	13:37	16.78	2:47:17	9:58	66	1:29:59	288	1:30:04