



# Race 2 Thüringer Meisterschaft Sprint-OL 2017

Arnstadt / 26.08.2017

## Detailed evaluation

Seefeld, Karl-Heinz

Club: OLV Uslar

Total time: 31:15

Running performance: 13:35 min/km

Course: 2.30 km / 20 Controls

Category:

H55 (Herren 55)

Rank in category: 7(of 9)

Best time in the category: 17:25

Behind: 13:50

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (135)	0:48	5	0:13	37.1	0:48	5	0:13	37.1
2 (137)	1:09	7	0:26	60.5	1:57	5	0:35	42.7
3 (139)	1:52	7	0:45	67.2	3:49	5	1:18	51.7
4 (140)	1:38	7	0:40	69.0	5:27	7	1:57	55.7
5 (141)	0:39	8	0:18	85.7	6:06	7	2:14	57.8
6 (159)	1:54	7	0:45	65.2	8:00	7	2:57	58.4
7 (161)	2:29	8	1:44	231.1	10:29	7	4:41	80.8
8 (164)	1:59	8	0:52	77.6	12:28	7	5:33	80.2
9 (168)	2:29	8	1:09	86.3	14:57	7	6:42	81.2
10 (167)	0:43	7	0:21	95.5	15:40	7	7:03	81.8
11 (166)	2:10	8	1:02	91.2	17:50	7	7:57	80.4
12 (156)	2:18	8	1:14	115.6	20:08	7	9:10	83.6
13 (158)	0:43	8	0:22	104.8	20:51	7	9:30	83.7
14 (143)	1:43	8	0:53	106.0	22:34	7	10:12	82.5
15 (144)	1:43	8	0:58	128.9	24:17	7	11:10	85.1
16 (146)	1:16	6	0:31	68.9	25:33	7	11:40	84.0
17 (151)	1:27	8	0:52	148.6	27:00	7	12:32	86.6
18 (148)	1:55	7	0:55	91.7	28:55	7	13:20	85.6
19 (149)	0:41	7	0:26	173.3	29:36	7	13:00	78.3
20 (100)	1:23	8	0:46	124.3	30:59	7	13:44	79.6
Finish	0:16	8	0:08	100.0	31:15	7	13:50	79.4