



Detailed evaluation

Rolands, Zauls

Club: Nordea

Number: 3744

Course: 10.00 km

Zakis

Category:

VZ3

Total time: 48:53

Speed: 12.27 km/h

Rank in course/Total: 61 (of 782)

Rank in course/Men: 55 (of 381)

Best time in course: 35:11

Rank in category: 40(of 315)

Best time in the category: 36:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Sprint Start	-	30:08	-	47	7:41	64	7:52	-	30:08	-	47	7:41	64	7:52
Sprint Finish	-	3:23	-	49	1:16	67	1:23	-	33:31	-	48	8:57	65	9:00
107	-	6:18	-	42	1:57	55	2:17	-	39:49	-	44	10:53	61	11:17
106	-	6:56	-	28	1:35	41	1:58	-	46:45	-	41	12:28	56	13:15
Finish	-	2:08	-	50	0:26	71	0:35	10.00	48:53	-	40	12:50	55	13:42