



2. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 09.09.2017

Detailed evaluation

**HENNICKE, Ilona**

Club: Mittelsömmern  
Number: 352

Course: 3.50 km  
3,5 km Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 29:49

Speed: 6.04 km/h  
Running performance: 8:31 min/km

Rank in course/Total: 5 (of 13)  
Rank in course/Women: 4 (of 12)  
Best time in course: 27:37

Rank in category: 4(of 12)  
Best time in the category: 27:37