



12.Walk in Herne
Herne-Sodingen / 15.10.2017

Detailed evaluation

DR.MED.GOOS, Bernd

Club: SeniorenComputerClubWarendorf
Number: 5503

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 45:49

Speed: 6.55 km/h

metres in height up: 100

Course score: 6.50

performance score: 43 Points