



22. Weinberg-OL
Wörrstadt / 25.06.2017

Detailed evaluation

Rau, Andrea

Club: TV Aschbach

Total time: 56:59

Running performance: 11:23 min/km

Course: 5.00 km / 13 Controls

Category:

Damen 45-

Rank in category: 4(of 9)

Best time in the category: 45:56

Behind: 11:03

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (105) | 4:22 | 6 | 1:42 | 63.8 | 4:22 | 6 | 1:42 | 63.8 |
| 2 (133) | 6:49 | 5 | 2:19 | 51.5 | 11:11 | 5 | 4:01 | 56.1 |
| 3 (130) | 3:43 | 6 | 1:16 | 51.7 | 14:54 | 5 | 5:07 | 52.3 |
| 4 (119) | 4:26 | 3 | 1:15 | 39.3 | 19:20 | 4 | 6:10 | 46.8 |
| 5 (120) | 4:21 | 4 | 0:40 | 18.1 | 23:41 | 4 | 6:50 | 40.6 |
| 6 (126) | 4:22 | 5 | 1:26 | 48.9 | 28:03 | 4 | 7:02 | 33.5 |
| 7 (122) | 2:49 | 3 | 0:51 | 43.2 | 30:52 | 4 | 7:53 | 34.3 |
| 8 (131) | 3:57 | 3 | 1:35 | 66.9 | 34:49 | 4 | 8:20 | 31.5 |
| 9 (123) | 4:41 | 4 | 1:21 | 40.5 | 39:30 | 4 | 9:14 | 30.5 |
| 10 (132) | 3:20 | 4 | 0:57 | 39.9 | 42:50 | 4 | 10:11 | 31.2 |
| 11 (116) | 4:27 | 2 | 0:27 | 11.3 | 47:17 | 4 | 9:01 | 23.6 |
| 12 (114) | 7:14 | 4 | 1:33 | 27.3 | 54:31 | 4 | 10:34 | 24.0 |
| 13 (100) | 1:56 | 4 | 0:28 | 31.8 | 56:27 | 4 | 11:02 | 24.3 |
| Finish | 0:32 | 3 | 0:02 | 6.7 | 56:59 | 4 | 11:03 | 24.1 |