



Detailed evaluation

Giemsa, Rosi

Club: TV Oberbexbach

Total time: 1:43:20

Running performance: 20:39 min/km

Course: 5.00 km / 13 Controls

Category:

Damen 45-

Rank in category: 8(of 9)

Best time in the category: 45:56

Behind: 57:24

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (105)	10:26	8	7:46	291.3	10:26	8	7:46	291.3
2 (133)	9:31	8	5:01	111.5	19:57	8	12:47	178.4
3 (130)	4:59	8	2:32	103.4	24:56	8	15:09	154.9
4 (119)	7:54	9	4:43	148.2	32:50	8	19:40	149.4
5 (120)	9:03	8	5:22	145.7	41:53	8	25:02	148.6
6 (126)	7:15	8	4:19	147.2	49:08	8	28:07	133.8
7 (122)	5:22	6	3:24	172.9	54:30	8	31:31	137.1
8 (131)	6:12	5	3:50	162.0	1:00:42	8	34:13	129.2
9 (123)	6:32	8	3:12	96.0	1:07:14	8	36:58	122.1
10 (132)	4:41	7	2:18	96.5	1:11:55	8	39:16	120.3
11 (116)	7:34	8	3:34	89.2	1:19:29	8	41:13	107.7
12 (114)	19:39	9	13:58	245.8	1:39:08	8	55:11	125.6
13 (100)	3:10	8	1:42	115.9	1:42:18	8	56:53	125.3
Finish	1:02	9	0:32	106.7	1:43:20	8	57:24	125.0