



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Heller, Carsten

Club: Leipzig
Number: 166

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:37:30

Speed: 9.90 km/h
Running performance: 6:01 min/km

Rank in course/Total: 216 (of 506)

Rank in course/Men: 197 (of 416)

Best time in course: 1:44:43

Rank in category: 29(of 72)

Best time in the category: 2:13:51

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:45	5:40	32	3:19	173	5:19	3.30	18:45	5:40	32	3:19	173	5:19
Bremer Hütte	2.40	14:52	6:11	5	0:56	86	3:46	5.70	33:37	5:53	19	3:01	133	9:05
Hermannsklippe	3.30	21:06	6:23	15	2:31	136	6:14	9.00	54:43	6:04	16	5:32	130	15:18
Brocken	3.10	31:38	10:12	42	7:39	267	13:17	12.10	1:26:21	7:08	24	13:11	180	28:35
Eiserner Handwe	3.60	19:50	5:30	40	4:17	222	7:18	15.70	1:46:11	6:45	31	16:36	187	35:53
Bremer Hütte	4.10	23:25	5:42	41	4:55	261	8:31	19.80	2:09:36	6:32	32	20:49	199	44:07
Loddenke	3.10	12:17	3:57	39	3:07	236	4:19	22.90	2:21:53	6:11	31	21:41	202	48:26
Ilseburg/Markt	3.30	15:37	4:43	15	2:29	149	4:21	26.20	2:37:30	6:00	29	23:39	197	52:47