



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Keller, Jürgen

Club: LG Filstal

Number: 113

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:09:32

Speed: 9.49 km/h

Running performance: 5:56 min/km

Rank in course/Total: 138 (of 346)

Rank in course/Men: 125 (of 239)

Best time in course: 51:11

Rank in category: 6(of 18)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	13:28	4:29	5	0:49	125	3:02	3.00	13:28	4:29	5	0:49	125	3:02
Lap 2	1.00	5:19	5:18	5	0:14	125	1:18	4.00	18:47	4:41	5	1:01	126	4:20
Lap 3	1.00	5:36	5:35	5	0:18	129	1:30	5.00	24:23	4:52	5	1:17	127	5:50
Lap 4	1.00	6:22	6:21	5	0:33	123	1:43	6.00	30:45	5:07	5	1:38	127	7:33
Last lap Hermann	2.60	15:56	6:07	7	1:17	133	4:27	8.60	46:41	5:25	5	2:53	125	12:00
vor der Schiene	2.63	19:49	7:32	8	1:49	124	6:07	11.23	1:06:30	5:55	6	4:42	125	17:31
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:02	6:44	8	0:13	135	0:54	11.70	1:09:32	5:56	6	4:55	126	1:09:32