



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

### Niederreuther, Ramona

Club: LC Chiemgau-Steigenberger  
Number: 170

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Frauen (20-34 Jahre)

Total time: 1:09:20

Speed: 9.52 km/h

Running performance: 5:56 min/km

Rank in course/Total: 137 (of 346)

Rank in course/Women: 13 (of 107)

Best time in course: 58:28

Rank in category: 7(of 18)

Best time in the category: 59:19

### Intermediate times

### Stage score

### Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.00	13:27	4:29	6	1:08	12	1:08	3.00	13:27	4:29	6	1:08	12	1:08
Lap 2	1.00	5:20	5:19	6	0:32	10	0:32	4.00	18:47	4:41	6	1:39	12	1:40
Lap 3	1.00	5:35	5:34	6	0:44	11	0:46	5.00	24:22	4:52	6	2:20	11	2:26
Lap 4	1.00	6:22	6:21	6	0:58	10	0:58	6.00	30:44	5:07	6	3:18	11	3:22
Last lap Hermann	2.60	15:50	6:05	8	2:35	14	2:39	8.60	46:34	5:24	6	5:53	11	6:01
vor der Schiene	2.63	19:47	7:31	9	3:45	17	4:20	11.23	1:06:21	5:54	7	9:38	13	10:21
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:59	6:37	8	0:23	20	0:31	11.70	1:09:20	5:55	8	1:09:20	14	1:09:20