



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Leonhard, Wolfgang

Club: LG Allgäu

Number: 146

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:10:32

Speed: 9.36 km/h

Running performance: 6:02 min/km

Rank in course/Total: 149 (of 346)

Rank in course/Men: 132 (of 239)

Best time in course: 51:11

Rank in category: 9(of 27)

Best time in the category: 1:03:14

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.00	13:51	4:36	10	1:22	144	3:25	3.00	13:51	4:36	10	1:22	144	3:25
Lap 2	1.00	5:30	5:30	8	0:31	134	1:29	4.00	19:21	4:50	10	1:53	141	4:54
Lap 3	1.00	5:41	5:41	8	0:36	134	1:35	5.00	25:02	5:00	9	2:29	137	6:29
Lap 4	1.00	6:29	6:29	8	0:43	132	1:50	6.00	31:31	5:15	8	3:12	135	8:19
Last lap Hermann	2.60	16:06	6:11	10	1:45	135	4:37	8.60	47:37	5:32	8	4:57	135	12:56
vor der Schiene	2.63	19:47	7:31	7	1:45	123	6:05	11.23	1:07:24	6:00	9	6:42	131	18:25
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:08	6:57	8	0:36	144	1:00	11.70	1:10:32	6:01	9	7:18	134	1:10:32