



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Henn, Katharina

Club: LG Allgäu

Number: 316

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Frauen (20-34 Jahre)

Total time: 1:11:58

Speed: 9.17 km/h

Running performance: 6:09 min/km

Rank in course/Total: 168 (of 346)

Rank in course/Women: 22 (of 107)

Best time in course: 58:28

Rank in category: 11(of 18)

Best time in the category: 59:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	14:29	4:49	14	2:10	33	2:10	3.00	14:29	4:49	14	2:10	33	2:10
Lap 2	1.00	5:48	5:47	13	1:00	29	1:00	4.00	20:17	5:04	14	3:09	32	3:10
Lap 3	1.00	5:54	5:54	12	1:03	23	1:05	5.00	26:11	5:14	14	4:09	32	4:15
Lap 4	1.00	6:53	6:53	13	1:29	27	1:29	6.00	33:04	5:30	14	5:38	30	5:42
Last lap Hermann	2.60	16:28	6:19	12	3:13	22	3:17	8.60	49:32	5:45	13	8:51	26	8:59
vor der Schiene	2.63	19:33	7:26	7	3:31	15	4:06	11.23	1:09:05	6:09	11	12:22	22	13:05
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:53	6:24	7	0:17	11	0:25	11.70	1:11:58	6:09	12	1:11:58	23	1:11:58