



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Schulze, Olaf

Club: Running Team Ortenau

Number: 209

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:11:52

Speed: 9.18 km/h

Running performance: 6:08 min/km

Rank in course/Total: 166 (of 346)

Rank in course/Men: 146 (of 239)

Best time in course: 51:11

Rank in category: 10(of 12)

Best time in the category: 58:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	14:04	4:41	10	2:28	148	3:38	3.00	14:04	4:41	10	2:28	148	3:38
Lap 2	1.00	5:35	5:34	9	0:53	148	1:34	4.00	19:39	4:54	10	3:19	148	5:12
Lap 3	1.00	5:42	5:42	9	0:58	136	1:36	5.00	25:21	5:04	10	4:07	148	6:48
Lap 4	1.00	6:39	6:39	9	1:17	144	2:00	6.00	32:00	5:19	9	5:17	146	8:48
Last lap Hermann	2.60	16:05	6:11	9	2:57	134	4:36	8.60	48:05	5:35	9	8:08	145	13:24
vor der Schiene	2.63	20:53	7:56	10	5:17	148	7:11	11.23	1:08:58	6:08	10	13:25	147	19:59
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:54	6:26	10	0:23	118	0:46	11.70	1:11:52	6:08	10	13:46	148	1:11:52