



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Schulze, Olaf

Club: Running Team Ortenau

Number: 209

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:11:52

Speed: 9.18 km/h

Running performance: 6:08 min/km

Rank in course/Total: 166 (of 346)

Rank in course/Men: 146 (of 239)

Best time in course: 51:11

Rank in category: 10(of 12)

Best time in the category: 58:06

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.00 | 14:04 | 4:41 | 10 | 2:28 | 148 | 3:38 | 3.00 | 14:04 | 4:41 | 10 | 2:28 | 148 | 3:38 |
| Lap 2 | 1.00 | 5:35 | 5:34 | 9 | 0:53 | 148 | 1:34 | 4.00 | 19:39 | 4:54 | 10 | 3:19 | 148 | 5:12 |
| Lap 3 | 1.00 | 5:42 | 5:42 | 9 | 0:58 | 136 | 1:36 | 5.00 | 25:21 | 5:04 | 10 | 4:07 | 148 | 6:48 |
| Lap 4 | 1.00 | 6:39 | 6:39 | 9 | 1:17 | 144 | 2:00 | 6.00 | 32:00 | 5:19 | 9 | 5:17 | 146 | 8:48 |
| Last lap Hermann | 2.60 | 16:05 | 6:11 | 9 | 2:57 | 134 | 4:36 | 8.60 | 48:05 | 5:35 | 9 | 8:08 | 145 | 13:24 |
| vor der Schiene | 2.63 | 20:53 | 7:56 | 10 | 5:17 | 148 | 7:11 | 11.23 | 1:08:58 | 6:08 | 10 | 13:25 | 147 | 19:59 |
| nach der Schiene | 0.02 | fehlt! | - | - | - | - | - | 11.25 | - | - | - | - | - | - |
| Brocken | 0.45 | 2:54 | 6:26 | 10 | 0:23 | 118 | 0:46 | 11.70 | 1:11:52 | 6:08 | 10 | 13:46 | 148 | 1:11:52 |