



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Uhl, Ann-Cathrin

Club: LG Brandenkopf

Number: 231

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Frauen (20-34 Jahre)

Total time: 1:12:28

Speed: 9.11 km/h

Running performance: 6:11 min/km

Rank in course/Total: 171 (of 346)

Rank in course/Women: 23 (of 107)

Best time in course: 58:28

Rank in category: 12(of 18)

Best time in the category: 59:19

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.00	13:28	4:29	7	1:09	13	1:09	3.00	13:28	4:29	7	1:09	13	1:09
Lap 2	1.00	5:41	5:41	11	0:53	24	0:53	4.00	19:09	4:47	7	2:01	15	2:02
Lap 3	1.00	5:48	5:47	11	0:57	22	0:59	5.00	24:57	4:59	7	2:55	15	3:01
Lap 4	1.00	6:34	6:33	11	1:10	21	1:10	6.00	31:31	5:15	8	4:05	17	4:09
Last lap Hermann	2.60	16:27	6:19	11	3:12	21	3:16	8.60	47:58	5:34	9	7:17	19	7:25
vor der Schiene	2.63	21:14	8:04	14	5:12	31	5:47	11.23	1:09:12	6:09	12	12:29	23	13:12
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:16	7:15	15	0:40	36	0:48	11.70	1:12:28	6:11	13	1:12:28	24	1:12:28