



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Laukner, Lena

Club: Citylaufverein Dresden

Number: 143

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

weibliche Jugend U20 (16-19 Jahre)

Total time: 1:12:39

Speed: 9.08 km/h

Running performance: 6:13 min/km

Rank in course/Total: 172 (of 346)

Rank in course/Women: 24 (of 107)

Best time in course: 58:28

Rank in category: 4(of 19)

Best time in the category: 58:28

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|------------------|-------|--------|--------|------|------|--------|-------|-------|---------|--------|------|-------|--------|---------|
| | km | Time | min/km | Cat. | Cat. | Women | Women | km | Time | min/km | Cat. | Cat. | Women | Women |
| Lap 1 | 3.00 | 13:43 | 4:34 | 3 | 1:24 | 17 | 1:24 | 3.00 | 13:43 | 4:34 | 3 | 1:24 | 17 | 1:24 |
| Lap 2 | 1.00 | 5:37 | 5:36 | 4 | 0:49 | 20 | 0:49 | 4.00 | 19:20 | 4:49 | 3 | 2:13 | 17 | 2:13 |
| Lap 3 | 1.00 | 5:54 | 5:54 | 5 | 1:05 | 23 | 1:05 | 5.00 | 25:14 | 5:02 | 4 | 3:18 | 19 | 3:18 |
| Lap 4 | 1.00 | 6:57 | 6:57 | 5 | 1:31 | 32 | 1:33 | 6.00 | 32:11 | 5:21 | 5 | 4:49 | 22 | 4:49 |
| Last lap Hermann | 2.60 | 16:28 | 6:19 | 3 | 3:17 | 22 | 3:17 | 8.60 | 48:39 | 5:39 | 4 | 8:06 | 22 | 8:06 |
| vor der Schiene | 2.63 | 20:51 | 7:55 | 3 | 5:24 | 26 | 5:24 | 11.23 | 1:09:30 | 6:11 | 4 | 13:30 | 24 | 13:30 |
| nach der Schiene | 0.02 | fehlt! | - | - | - | - | - | 11.25 | - | - | - | - | - | - |
| Brocken | 0.45 | 3:09 | 7:00 | 7 | 0:41 | 29 | 0:41 | 11.70 | 1:12:39 | 6:12 | 4 | 14:11 | 25 | 1:12:39 |