



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Dahlhaus, Ulrich

Club: NSV Wernigerode

Number: 287

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:23:05

Speed: 7.94 km/h

Running performance: 7:06 min/km

Rank in course/Total: 242 (of 346)

Rank in course/Men: 191 (of 239)

Best time in course: 51:11

Rank in category: 22(of 30)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	15:18	5:06	22	3:23	181	4:52	3.00	15:18	5:06	22	3:23	181	4:52
Lap 2	1.00	6:13	6:13	22	1:25	184	2:12	4.00	21:31	5:22	22	4:48	182	7:04
Lap 3	1.00	6:28	6:28	20	1:31	183	2:22	5.00	27:59	5:35	21	6:16	179	9:26
Lap 4	1.00	7:35	7:34	22	1:57	189	2:56	6.00	35:34	5:55	22	8:13	185	12:22
Last lap Hermann	2.60	18:44	7:12	22	4:57	192	7:15	8.60	54:18	6:18	22	13:00	189	19:37
vor der Schiene	2.63	25:04	9:31	23	8:37	205	11:22	11.23	1:19:22	7:04	22	21:33	192	30:23
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:43	8:15	25	1:12	203	1:35	11.70	1:23:05	7:06	23	1:23:05	193	1:23:05