



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Briesen, Christian

Club: Laufgruppe Schwerin e.V.

Number: 29

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:25:54

Speed: 7.68 km/h

Running performance: 7:20 min/km

Rank in course/Total: 262 (of 346)

Rank in course/Men: 200 (of 239)

Best time in course: 51:11

Rank in category: 24(of 30)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.00	15:40	5:13	23	3:45	187	5:14	3.00	15:40	5:13	23	3:45	187	5:14
Lap 2	1.00	6:40	6:40	27	1:52	203	2:39	4.00	22:20	5:34	23	5:37	193	7:53
Lap 3	1.00	6:48	6:47	24	1:51	199	2:42	5.00	29:08	5:49	23	7:25	195	10:35
Lap 4	1.00	8:05	8:05	24	2:27	200	3:26	6.00	37:13	6:12	23	9:52	196	14:01
Last lap Hermann	2.60	19:33	7:31	24	5:46	200	8:04	8.60	56:46	6:36	23	15:28	196	22:05
vor der Schiene	2.63	25:34	9:43	24	9:07	206	11:52	11.23	1:22:20	7:19	24	24:31	202	33:21
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:34	7:55	24	1:03	191	1:26	11.70	1:25:54	7:20	25	1:25:54	202	1:25:54