



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Nolte, Rolf

Club: TSV Eintracht Wolfshagen

Number: 171

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:26:58

Speed: 7.59 km/h

Running performance: 7:26 min/km

Rank in course/Total: 268 (of 346)

Rank in course/Men: 204 (of 239)

Best time in course: 51:11

Rank in category: 24(of 27)

Best time in the category: 1:03:14

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	16:00	5:19	21	3:31	193	5:34	3.00	16:00	5:19	21	3:31	193	5:34
Lap 2	1.00	6:29	6:29	23	1:30	199	2:28	4.00	22:29	5:37	22	5:01	196	8:02
Lap 3	1.00	6:44	6:44	23	1:39	196	2:38	5.00	29:13	5:50	23	6:40	197	10:40
Lap 4	1.00	7:57	7:57	23	2:11	196	3:18	6.00	37:10	6:11	23	8:51	195	13:58
Last lap Hermann	2.60	19:54	7:39	24	5:33	208	8:25	8.60	57:04	6:38	23	14:24	197	22:23
vor der Schiene	2.63	25:47	9:48	23	7:45	209	12:05	11.23	1:22:51	7:22	24	22:09	205	33:52
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:07	9:08	24	1:35	217	1:59	11.70	1:26:58	7:25	24	23:44	206	1:26:58