



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Becker, Verena

Club: SG TSV Kronshagen/Kieler TB
Number: 274

Course: 11.70 km
Deutsche Berglaufmeisterschaft

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:27:29

Speed: 7.54 km/h
Running performance: 7:29 min/km

Rank in course/Total: 272 (of 346)

Rank in course/Women: 66 (of 107)

Best time in course: 58:28

Rank in category: 9(of 11)

Best time in the category: 1:04:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	16:15	5:25	9	3:55	63	3:56	3.00	16:15	5:25	9	3:55	63	3:56
Lap 2	1.00	7:11	7:11	10	2:00	77	2:23	4.00	23:26	5:51	9	5:46	66	6:19
Lap 3	1.00	7:20	7:19	10	1:59	75	2:31	5.00	30:46	6:09	10	7:36	68	8:50
Lap 4	1.00	9:26	9:26	10	3:25	91	4:02	6.00	40:12	6:42	10	10:32	76	12:50
Last lap Hermann	2.60	20:51	8:01	10	6:03	77	7:40	8.60	1:01:03	7:05	10	16:18	75	20:30
vor der Schiene	2.63	23:17	8:51	5	6:02	47	7:50	11.23	1:24:20	7:30	10	22:20	68	28:20
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:09	7:00	5	0:29	29	0:41	11.70	1:27:29	7:28	9	22:49	67	1:27:29