



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Meyer, Dietmar

Club: Läufer-Team Oker e.V.

Number: 162

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:30:28

Speed: 7.30 km/h

Running performance: 7:44 min/km

Rank in course/Total: 290 (of 346)

Rank in course/Men: 215 (of 239)

Best time in course: 51:11

Rank in category: 27(of 30)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Total | Total | Total | Pos | Behind | Pos | Behind | |
|------------------|-------|--------|-------|--------|--------|------|-------|-------|---------|------|--------|---------|--------|---------|
| | km | Time | | | min/km | Cat. | | | | | | | | Cat. |
| Lap 1 | 3.00 | 16:39 | 5:32 | 26 | 4:44 | 207 | 6:13 | 3.00 | 16:39 | 5:32 | 26 | 4:44 | 207 | 6:13 |
| Lap 2 | 1.00 | 6:28 | 6:28 | 24 | 1:40 | 197 | 2:27 | 4.00 | 23:07 | 5:46 | 26 | 6:24 | 202 | 8:40 |
| Lap 3 | 1.00 | 6:55 | 6:55 | 25 | 1:58 | 201 | 2:49 | 5.00 | 30:02 | 6:00 | 26 | 8:19 | 201 | 11:29 |
| Lap 4 | 1.00 | 8:25 | 8:24 | 26 | 2:47 | 214 | 3:46 | 6.00 | 38:27 | 6:24 | 26 | 11:06 | 205 | 15:15 |
| Last lap Hermann | 2.60 | 20:57 | 8:03 | 27 | 7:10 | 218 | 9:28 | 8.60 | 59:24 | 6:54 | 27 | 18:06 | 211 | 24:43 |
| vor der Schiene | 2.63 | 27:03 | 10:17 | 27 | 10:36 | 218 | 13:21 | 11.23 | 1:26:27 | 7:41 | 27 | 28:38 | 215 | 37:28 |
| nach der Schiene | 0.02 | fehlt! | - | - | - | - | - | 11.25 | - | - | - | - | - | - |
| Brocken | 0.45 | 4:01 | 8:55 | 27 | 1:30 | 211 | 1:53 | 11.70 | 1:30:28 | 7:43 | 28 | 1:30:28 | 217 | 1:30:28 |